



HOW TO TRAVEL DURING A PANDEMIC

WHAT YOU NEED TO KNOW



CHECK TO SEE IF YOU ARE TRAVELING TO PLACE THAT HAS A HIGH SPIKE OF REPORTED COVID CASES AND HOSPITALIZATIONS. IF SO, YOU MAY WANT TO DELAY YOUR TRIP.



CHECK WEBSITES BELOW FOR STATUS ON COVID RESTRICTIONS

[CDC.GOV](https://www.cdc.gov)

[TRAVEL.STATE.GOV](https://travel.state.gov)



IF YOU NEED A TEST, CALL THE AIRPORT INFORMATION CENTER TO ACCESS THEIR TESTING SITES, LEARN ABOUT REQUIREMENTS, TEST RESULTS, AND COST OR CHECK WITH A LOCAL HEALTH TESTING SITE IN YOUR COMMUNITY.



DECIDE WHEN YOU WANT TO FLY, PREFERABLY CONSIDER FLYING AT OFF-PEAK TIMES, VERY EARLY IN THE MORNING OR LATE AT NIGHT, WHERE THE FLIGHTS WILL BE LESS FULL.



CHECK ONLINE THE SEATING CHART OF YOUR FLIGHT, AND IF IT IS TOO FULL, POSSIBLY REQUEST A CHANGE. CHOOSE A WINDOW SEAT TO LIMIT PASSENGERS PASSING BY YOU.



THREE ESSENTIAL ITEMS TO CARRY ON YOUR WAY OUT ARE MULTILAYER MASKS, PREFERABLY WITH A PROTECTIVE SHIELD FOR YOUR EYES, ANTI-BACTERIAL WIPES, AND HAND SANITIZER.



AT THE AIRPORT, BOARD THE PLANE LAST TO AVOID CROWDING TOO CLOSE TO OTHERS GETTING TO YOUR SEAT



USING ANTI-BACTERIAL WIPES, CLEAN DOWN THE SEAT, TRAY TABLE, MONITOR, ARMREST, AND THE SEAT BUCKLE.



MINIMIZE USING THE CABIN RESTROOM AND EATING UNLESS IT IS NOT AN OPTION. LIMIT CONVERSATIONS WITH PASSENGERS.



DURING AND AFTER THE FLIGHT, AVOID AS MUCH AS POSSIBLE TOUCHING YOUR FACE, TAKING YOUR MASK OFF, AND REMEMBER TO USE HAND SANITIZER WHEN TOUCHING NEW SURFACES.



IF YOU ARE PLANNING ON STAYING AT A HOTEL OR AIRBNB, CALL AND FIND OUT WHAT THEIR CLEANING AND MASK PROTOCOLS ARE AND WHAT AMENITIES, IF ANY, ARE RESTRICTED DUE TO COVID TO PLAN ACCORDINGLY.



ON CAR RENTALS AND UBERS, MAKE SURE THAT THEY ARE FOLLOWING THE SAME CLEANING AND MASK PROTOCOLS.

THE MOST IMPORTANT ADVICE IS NOT TO LET YOUR GUARD DOWN AND STICK TO THE CENTER OF DISEASE PROTOCOLS TO REDUCE YOUR CHANCES OF GETTING OR SPREADING THE VIRUS.